

THE ONE TRUE GOD LESSON #12

THE LOUD CRY OF THE FOURTH ANGEL

THE BODY TEMPLE

INTRODUCTION

It is important that we understand that just as the temple of our body must be cleansed from the defilement of sin it also must be cleansed from diseases and all other unhealthful conditions before God and his Son can dwell in it with the full capacity of their intent, to be one with us as they are one with each other. Our heavenly Father wants nothing more than to give good things to His children. He wants for us to “**above all things ...be in health.**” (3rd John 2). So why are we not vibrant and full of life and energy? When we have every advantage of modern science, why are so many pronounced incurable, and why are we all dependent on pharmaceuticals to continue to sustain life? Why are we all secretly depressed and filled with anxiety and guilt that no drug or therapy can cure? We have lost the sense of our VALUE, of what we were created to be, of who the creator is, and the good gifts He is willing to give, and every curse has followed. We have no understanding of the immense PRICE that has been paid for us, burdened with diseases such as diabetes and cancer, overweight, suffering with heart disease and numerous other preventable ailments.

It seems we are aimlessly floating through a life of suffering, without purpose and without hope. When the burden of disease is heaped on our shoulders, we have nowhere to turn but the doctor, whose solutions we blindly accept, all too often. We are offered no healing, but only greater suffering. This is not God’s will for anyone—He wants us to be well! He is willing to heal us if we will cooperate with Him. These next lessons contain vital information for all who desire health, healing and true happiness.

Let us pray:

Holy Father, we come to You today asking for Your holy spirit that we may be led to understand the importance of this message in the plan of salvation. We

all know that the health message is the right arm of the Gospel! We also ask for understanding and wisdom to assimilate the information shared. Please give me the ability to articulate correctly Your message. We know You will answer this prayer because we ask it in the name of Jesus Your Son. Amen.

15.7 million people in the US (6% of the population) have the disease known as diabetes mellitus; one in three don’t even know they have it. About 2,200 people are diagnosed with this disease every day. 8.4 million Americans alive today have a history of cancer. As many as 99.5 million American adults have high cholesterol levels. Over 40% of people dying each year die as a result of cardiovascular problems. 30% of the nation is classified as obese and these numbers are increasing almost as fast as the national debt.

3rd John 1:2. “Beloved, I wish **above all things that thou mayest prosper and be in health**, even as thy soul prospereth.”

NOTE: On the other hand, people are overcoming cancer, diabetes, multiple sclerosis, arthritis, fibromyalgia, Crohn’s disease, headaches, asthma, allergies, and numerous other physical and mental problems. In fact, people are being healed every day, and many are being restored to health using the principles that will be laid out in this and the following lesson. Some are experiencing results in a matter of days, some take longer, but what I am about to share with you can, if accepted, change your life forever!

If you are reading this and are not sick, do not discard this lesson, as the information contained in it is worth more than gold. It will give you the tools you need to help those who are succumbing to disease all around you.

I am convinced that we don’t have to be sick. In this and the next lesson will be presented health principles are not a cure for any one disease, but if followed will cause the body to achieved victory over

THE ONE TRUE GOD LESSON #12

any disease. It will cause you to attain clarity of mind, higher energy levels, and a healthy weight.

Exodus 15:26. “And said, **If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the LORD that healeth thee.**”

NOTE: The earth has not brought misery upon itself, nor the birds, or beasts. Innocent children do not come into this world and suffer with debilitating diseases and lack of food and clean water due to some fault of their own. Why does the earth, its creatures, and newborn babies suffer the destructive results of disease and death? God entrusted man with dominion, responsibility, accountability and true freedom, but we have misused our privileges and failed in our God-given duties.

Genesis 1: 26. “And God said, let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.”

NOTE: God made man to be the king of the world. When God said that He gave “dominion” to Adam, He meant that very thing. And when He gave dominion to man, He intended for us to retain our freedom forever. We are still free in a sense; we still have freedom of will. We are free to wreck the world and free to wreck our bodies, if we choose. But if we do so, we become slaves to sin and disease. Yet God is willing for us to obtain true freedom if we ourselves will allow it.

The Curse of Disease

Most doctors, when dealing with disease address symptoms only, and this is an incomplete approach, no disease is without cause, and once the cause is removed, the disease itself is often eradicated. Disease is produced by a departure from the natural design of the human body. As you read these lessons, you will recognize that the basis of a given disease

is often very simple, and that in order to be healed of disease, we merely need to understand how we have been designed.

Proverbs 26: 2. “The curse causeless shall not come.”

NOTE: In other words, if you are suffering with a disease or malady, that curse has a cause. But there is hope. “The Lord that healeth thee” (Exodus 15:26) has the **CURE.**

Some have the idea that all suffering is God’s fault and that He causes it. Or that He should intervene and somehow stop it. But that is exactly what He is doing through the plan of salvation. Imagine if I gave you a brand-new sports car, and the first thing you do is smash it into a brick wall. Then you come back to me saying, “Look at this piece of junk you gave me.” But I didn’t give you the car that way. I gave you the car brand new. “God saw everything that he had made, and behold, **it was very good.**” (Genesis 1: 31). And that’s how God gave us the earth. It was in very good condition. So, what happened?

LET’S EXAMINE THAT!

Just as God has made provision for our spiritual life to be perfect and in harmony with God, He has also provided for our physical bodies to be in perfect health! It is impossible to be really happy in the Lord when we are in poor health. When the body hurts and has no energy we are usually in a pretty sour mood. Doesn’t the Lord want us to be in health and prosper just as our soul prospers? Yes, He does in 3rd John verse 2 John says. “Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.”

God created Adam and Eve. In Genesis 1:28 it says: “And God blessed them, and God said unto them, be fruitful, and multiply, and replenish the earth, and subdue it: and have **dominion** over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.”

Genesis 2:15-17. “And the LORD God took the man, and put him into the Garden of Eden to dress

THE ONE TRUE GOD LESSON #12

it and to keep it. And the LORD God commanded the man, saying, of every tree of the garden thou mayest freely eat: But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die.”

NOTE: We all know the story, how Adam and Eve ate the forbidden fruit. Thereby sinning, so man had to leave the garden.

Genesis 3:22. “And the LORD God said, Behold, the man is become as one of us, to know good and evil: and now, lest he put forth his hand, and take also of the tree of life, and eat, and live forever. Therefore, the LORD God sent him forth from the Garden of Eden, to till the ground from whence he was taken.”

NOTE: When God gave man dominion, He wanted man to subdue the earth, to be its ruler. Not to rule in a tyrannical manner, but to extend the same freedom that God had extended to man.

God could have created man as a robot without free will, who could do nothing but praise Him. He could have created a mindless slave without feelings, emotion, knowledge, or understanding. But God wanted man to be like himself in character, dignity, and intellect. “In the image of God created He them.” (Gen. 1:26). He intended man to be His companion, His friend; to be a king of his God-given dominion; to do God’s bidding by intelligent choice.

God told man not to eat of the forbidden tree, but man chose to disregard the good advice of the Creator, which was also a commandment. Thus, he sinned against God and misused his dominion, and lost that dominion to Lucifer.

Innocent children have done nothing to deserve to suffer; but that’s how much God meant it when He gave man dominion. God gave man dominion even over his children. So now each and every one of us has been born into this sinful world under Adam. And in Adam, each one of us must die, for Adam after the fall could never give his children anything more than what he had: a sinful fallen nature, and a mortal body that eventually dies.

So, returning to our original question: why does all creation have to suffer? The earth hasn’t brought ruin upon itself, nor the birds, fish, or beasts, the innocent children have done nothing to come into this world and suffer with debilitating diseases and lack of food and clean water. Then why does the earth and its innocent creatures suffer? The answer is, because God gave man dominion, responsibility, and accountability; true freedom and he lost that dominion to the arch rebel who hates us and wants us all dead. He tempts us to disregard God’s word, Satan causes us to disregard what the word of life tells us is the way to health and prosperity, and we have the tendency to disregard that Word of Life.

BAD FOOD EQUALS BAD HEALTH!

In the beginning God gave man a perfect diet. And I don’t believe there was any cooking going on in the Garden of Eden!

Genesis 1:29. “And God said, Behold, **I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed;** to you it shall be for meat.”

NOTE: The word “meat” in this verse refers to food, which in the beginning consisted of fruits, nuts, and grains. This was the original diet of man.

Some things were not created to be eaten that we think are good food. Some things look like food, but are not food at all; like the fruit from the tree of knowledge of good and evil. Certain things are very appealing to the eyes, and to the taste buds, but are not to be eaten, according to God’s word. Some things that people drink are not meant to be put into our body.

The Devil hates God, His word, and especially us because we are the object for salvation of which he cannot partake. Eve had been warned of this foe by the heavenly angels. She was cautioned not to leave her husband’s side. The Devil carefully observed his prey as she disregarded these precautions and drew near to the forbidden tree. He used the medium of a serpent, and began to speak to her out of the tree.

THE ONE TRUE GOD LESSON #12

This was the only place on earth that God allowed the devil access to mankind.

Genesis 3:1. “Now the serpent was more subtle than any beast of the field which the LORD God had made. And he said unto the woman, Yea, hath God said, ye shall not eat of every tree of the garden?”

NOTE: Satan used a question because that would suggest doubtful thoughts in the mind of Eve, such as, “is God’s word really true?” the goal of this conversation was to place doubt in God’s word. Did God’s word really say it was unhealthy for you to eat that food? The serpent uses this same strategy today.

Genesis 3:2, 3. “And the woman said unto the serpent, we may eat of the fruit of the trees of the garden: But of the fruit of the tree which is in the midst of the garden, God hath said, ye shall not eat of it, neither shall ye touch it, lest ye die.”

NOTE: The fruit from this tree was not part of a healthy diet because God had said it was not to be eaten, and Eve knew it. This fruit was not food. A Twinkie, or a donut, along with some other objects that may look good to the eye for food are not food even though many Christians pray over it, asking God to bless it. But the problem is they are asking God to bless something that is not real food. What did God say real food was? Fruits, grains and nuts along with herbs bearing seed.

Genesis 3:4. “And the serpent said unto the woman, ye shall not surely die.”

NOTE: The serpent just called God a liar. Satan has just told Eve not to trust the word of God. Yet in God’s word it is written “that man does not live by bread only, but by every word that proceedeth out of the mouth of the Lord doth man live.” Deu. 8:3.

To doubt God’s word does not lead to life. God had already clearly laid out the way of life. The blessing was already theirs. True health is to eat the true bread of life: the word of God. That means we are to incorporate every word of God into our being and live by that word!

Rev. 22: 14 “Blessed are they that do his commandments, that they may have right to the tree of life, and may enter in through the gates into the city.”

NOW WHERE EXACTLY DOES THE CURSE COME FROM?

Job 23: 12 “Neither have I gone back from the commandment of his lips; I have esteemed the words of his mouth more than my necessary food.”

NOTE: Eve knew God’s word; she knew it quite well. Likewise, Christians today profess to know what the word of God says. Then why do Christians have the same diseases and same problems as the world? Because, like Eve, they doubt and disobey the word of God.

Exodus 15:26. “And said, If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the LORD that healeth thee.”

NOTE: It is Satan’s purpose that we believe God to be evil, and arbitrary, that He makes laws just for His own supremacy. But this is not God’s way. He only makes laws that are for our own good. Satan has accused God of having the traits of his own character. If we do not know God and His word very well it is easy to be deceived by this falsehood. Satan said:

Genesis 3:5. “For God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil.”

NOTE: Satan wants everyone to question the government of God. He wants us to believe that we don’t need the knowledge and wisdom of God, that we know better than God what our own laws and government should be. This idea appealed to Eve, and she was led to cast off the authority of the only true God.

Here is what Satanist Aleister Crowley once wrote. “Do what thou wilt shall be the whole of the law.” That very philosophy, that your own desires are your

THE ONE TRUE GOD LESSON #12

only law, is pretty common in modern Christianity today. Eve knew she wasn't supposed to eat the fruit. She knew her life depended on it. She knew the word of God. But her senses said otherwise.

Genesis 3:6. “And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat, and gave also unto her husband with her; and he did eat.”

NOTE: Herein lies the problem with many Christians. Some look at a food menu and say, “wow, that bacon double cheeseburger, with a large fries and Coke looks really good. I'm hungry, let's eat.” And so, they allow impulse to govern their definition of “good food.” And what does that bring? It brings disease and the curse.

Right now, the Devil is in your ear, questioning, “Hath God really said that I should not eat a bacon double cheeseburger, French fries and a Coke? Yeah, He has. We know that bacon is out because of:

Isaiah 66:17. “For by fire and by his sword will the LORD plead with all flesh: and the slain of the LORD shall be many. They that sanctify themselves, and purify themselves in the gardens behind one tree in the midst, **eating swine's flesh**, and the abomination, and the mouse, shall be consumed together, saith the LORD.”

So, we leave off the bacon, after all beef is a clean meat. Well, even the early Christians were told to “abstain from blood” (Acts 15:29, Leviticus 3:17; 11:7, Deuteronomy 14:8). That includes bloody hamburgers.

Leviticus 3:17. “It shall be a perpetual statute for your generations throughout all your dwellings, that ye eat neither **fat nor blood**.”

NOTE: There go the greasy fries as well. And what about the Coke, well it is full of refined sugar and caffeine, we are not to take either into our bodies. But some will say “that is the old law.” We'll look at this later. If we were to abide by this one statute of not eating blood alone, it would disqualify all

meat from the supermarket from being good for food. Remember, the curse without a cause does not come.

Genesis 3: 17-19. “And unto Adam he said, Because thou hast hearkened unto the voice of thy wife, and hast eaten of the tree, of which I commanded thee, saying, Thou shalt not eat of it: cursed is the ground for thy sake; in sorrow shalt thou eat of it all the days of thy life; Thorns also and thistles shall it bring forth to thee; and thou shalt eat the herb of the field; In the sweat of thy face shalt thou eat bread, till thou return unto the ground; for out of it wast thou taken: for dust thou art, and unto dust shalt thou return.”

NOTE: God cursed the ground for our sake, that the suffering and toils of life might teach us important character lessons. And that curse keeps getting worse and worse. Now we are all suffering from it more than ever. The ground does not yield its strength, the soil is eroded and depleted of life-giving elements and man is constantly searching for ways to cause the ground to bring forth good food. We now feel the need to spray pesticides and other chemicals on the crops to improve their growth and keep them from being destroyed by insects, weeds and other ailments. We now have GMO altered grains that cause sterility after just 3 or 4 generations. Pretty soon there will be no more children born. That is not the way things were created, nor does it produce food that is healthy for the human body. The more sin the more curse. The results of the curse can be seen everywhere: people are overweight, sick, and starving for nutrients. Everyone seems to be addicted to eating garbage.

In order to maintain perfect freedom for humanity, God could not step in and put an end to sin, for freedom includes the ability to choose to do either right or wrong. Therefore, God cannot simply stop the suffering and consequences of sin. He would not stop you from offering your innocent child on an altar to Molech, should you choose to do so. If He stopped you from exercising free will to do evil, this would impede your freedom: it would be the use of

THE ONE TRUE GOD LESSON #12

force, and God does not use force. God is a God of free will.

Do you wish to be free from the dominion of death, the dominion of Satan, and to be truly free, happy and healthy, under the dominion of Christ? He is a good King who is always thinking of the happiness of His subjects, and He is soon coming to gather those who will be subjects of the true kingdom, who want no part in death and the curse. He has promised not only that you will be part of His Kingdom, but He promises that you will sit on His throne, with Himself and His Father, and rule with them. That's the dominion I want to be under. We need to know Him and appreciate Him more. Father forgive us for not knowing you better.

The LORD wants to heal you. But in order to be healed we need to acknowledge Him for who He is.

CREATED TO GIVE GLORY

Revelation 14:7. "Saying with a loud voice, Fear God, and give glory to him; for the hour of his judgment is come: and worship him that made heaven, and earth, and the sea, and the fountains of waters."

NOTE: There are numerous Scriptures relating to our bodies and health, yet when we take a careful look at what people are putting into their bodies today, we see them ingesting chemicals, colorings, salt, chemically altered foods, various concoctions of sugar, and alcoholic drinks, and smoking cigarettes, and the use of tobacco in its other forms. Certainly, this cannot be in harmony with the will for God's health principles. The disregard of these principles is not without consequence. The number of people with cancer and diabetes, as well as a multitude of other ailments, has been literally skyrocketing in recent years.

TWO WORLD VIEWS

There are two ways to look at this world. The first world view is that the body is designed. The second is that this complex system of interdependent organs and tissues evolved by chance out of a chemical soup.

The reality of creation can be observed simply by looking at the human body. It is equipped with the ability to perceive the world through the senses, and to understand and act upon these senses with the brain. It has been furnished with every organ and structure needed to sustain life. What's more, none of these could function apart from the rest. This is nothing less than a masterpiece; it is so intelligently and intuitively designed that a Creator is altogether evident.

Life cannot come from non-living matter. It's a scientifically observable, testable, and demonstrable fact. Life just can't exist by random chance. We cannot throw a bunch of ingredients into a bowl and make it come to life by microwaving or zapping it with electricity. Life does not evolve from nonliving matter; life is a miracle. Many scientists admit this to be the truth.

In the process of birth, the baby has a life support system in the mother's womb which is known as the umbilical cord. If you are an evolutionist, can you imagine the process of the evolution of the umbilical cord? How did the baby live while that evolved properly? Nourishment for the baby comes from what the mother eats. Food is broken down and transferred to the baby, and as the baby grows, these elements are used for developing its new cells. Nourishment is the fuel required for these cells to develop the little one's body, until at the end of 9 months when the baby comes forth from the womb and this life support system is cut off.

Amazingly after coming forth from the womb, the baby is given a new life support system. The mother places her baby near her breast and the baby instinctively starts feeding from the mother's breast! This is designed. And it requires a designer. Therefore, it would be important to understand what the designer intended as proper nourishment for the body.

Man thought he could improve on this perfect system with the invention of infant formula, however, scientific studies have shown that children which are nourished by the mother's milk are healthier and tend to avoid physical breakdowns, such as colic,

THE ONE TRUE GOD LESSON #12

ear infections, throat infections, swollen glands, allergies, asthma, diaper rash, fevers, and more. It is like putting bad fuel or oil mixed with a little dirt or sand in the engine. Soon you will hear pinging and knocking sounds, and the car engine will be damaged, and will certainly eventually break down. When these breakdowns come, the mother, in ignorance often goes to the doctor and receives a prescription, when the cause of the problem is very simple.

Hosea 4:6. “My people are destroyed for lack of knowledge: because thou hast rejected knowledge, I will also reject thee, that thou shalt be no priest to me: seeing thou hast forgotten the law of thy God, I will also forget thy children.”

NOTE: We destroy ourselves and our children by our lack of knowledge of God’s law, and then we bring the curse on our children as well. 85% of North American doctors have no training whatsoever in regards to nutrition, so when we trust their advice to solve our problems, we are trusting a mechanic who knows very little about what products are needed to repair the machinery and make it run smoothly.

All drugs are devoid of life and also contain very toxic substances. To be perfectly honest, all drugs are poisons. And so, now we have not only introduced poisonous, toxic substances that are devoid of life into the baby’s system; but now we place more poisons into the child in an attempt to deal with the child’s reactions to the first violations.

In the King James Bible, the word for pharmacist is translated Sorcerer. The word for Witchcraft is Pharmacy. These are found in:

Revelation 21:8. “But the fearful, and unbelieving, and the abominable, and murderers, and whoremongers, and sorcerers, and idolaters, and all liars, shall have their part in the lake which burneth with fire and brimstone: which is the second death.”

Gelation’s 5:20. “Now the works of the flesh are manifest, which are these; Adultery, fornication, un-

cleanness, lasciviousness, Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies.”

Here are the definitions:

Sorcerer: G5332 pharakeus (a drug, is. A spell giving potion) a druggist (“Pharmacist”) or poisoner, a magician, sorcerer.

Witchcraft G5331 Farmakiah from word G5332 medication (“Pharmacy”) magic (lit. or fig.): Sorcery, Witchcraft.

Anciently when people were sick, they would visit a witch doctor who would brew up a special potion or poison which they hoped would cure their illness. The same thing is still happening today. Except now it comes in the form of pills and sometimes potions.

Exodus 22:18. “Thou shalt not suffer a witch to live.”

NOTE: Ancient Israel was not to allow any sorcerer or any witch or anyone who practiced witchcraft to live. Should we today subject ourselves to this same abomination by taking witchcraft concoctions (pharmacy prescriptions)? No wonder we are counseled not to take prescription drugs (see attached booklet).

As a child receives medication during the early years of life, they proceed down a slippery slope that will lead to ever-increasing physical breakdown within the body. This body is comprised of delicate living cells which were designed by God to be nourished with live food containing enzymes. When the body instead receives toxic substances and chemically altered foods, it cannot maintain and heal itself.

If we look at the world from the perspective that our body is designed, it is evident that it must run on specific fuels like any designed machine or vehicle. If we put the wrong fuel into the gas tank of a car, it’s not going to run very well. When the proper nutrients are put into the body, and the body is kept in good working order, it will not only fight off the disease as God has designed it to do, but it will rebuild itself. If we look at the world from the perspective

THE ONE TRUE GOD LESSON #12

that the human body evolved without intelligent intervention, it is likely that we can't appreciate the body's needs, and will introduce the wrong substances into the system in place of those which are essential. Then, ignorant of the body's amazing capacity for healing, we will try to solve the resulting imbalances and physiological failures with the use of chemicals which the body was not designed to ingest, and other destructive measures like extreme surgeries, chemotherapy, or radiation treatment.

The problem with these types of treatments is that the cause of the problem is misjudged, and therefore mistreated. Because the needs of the body are not correctly understood, the immune system and body tissues have been broken down through years of abuse, losing their resilience and ability to heal. This is the real cause of the disease. And now chemicals and radiation are introduced, which deteriorate the body even more, and it becomes even more susceptible to disease.

Live foods give life; dead foods give death. Live foods contain living enzymes and other vital elements which are a necessity to the healing process. A great multitude of individuals can testify that they have overcome obesity, cancer, diabetes, multiple sclerosis, and many other diseases through the use of high-quality food in its most natural state. God has a message of Biblical health to give the world today, and He will be glorified, and the body healed, through obedience to His principles and trust in His word.

The following is quoted from the book "**CHRISTIAN TEMPERANCE AND BIBLE HYGIENE**" written in 1890, pages 112-114:

"Many are unwilling to put forth the needed effort to obtain a knowledge of the laws of life and the simple means to be employed for the restoration of health. They do not place themselves in right relation to life. When sickness is the result of their transgression of natural law, they do not seek to correct their errors, and then ask the blessing of God, but they resort to the physicians. If they recover health, they give to drugs and doctors all the honor. They are ever ready to idolize human power and wisdom,

seeming to know no other god than the creature, — dust and ashes. It is not safe to trust to physicians who have not the fear of God before them. Without the influence of divine grace, the hearts of men are "deceitful above all things, and desperately wicked." [Jeremiah 17:9.] Self-aggrandizement is their aim. Under cover of the medical profession, what iniquities have been practiced, what delusions supported! The physician may claim to possess great wisdom and marvelous skill, while at the same time his character is abandoned, and his practice contrary to the laws of health. The Lord our God assures us that he is waiting to be gracious; he invites us to call upon him in the day of trouble. Furthermore, the teaching of these physicians is continually leading away from the principles God has given us in regard to health, especially on the diet question. They say we are not living as we ought, and prescribe changes that are contrary to the light God has sent. Brethren, how can the Lord let his blessing rest upon us when we are going right upon the enemy's ground? Why is it that men are so unwilling to trust Him who created man, and who can, by a touch, a word, a look, heal all manner of disease? Who is more worthy of our confidence than the One who has made so great a sacrifice for our redemption? Our Lord has given us definite instruction, through the apostle James, as to our duty in case of sickness. When human help fails, God will be the helper of his people. "Is any sick among you? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord; and the prayer of faith shall save the sick, and the Lord shall raise him up." [James 5:14, 15.] If the professed followers of Christ would, with purity of heart, exercise as much faith in the promises of God as they repose in sa-tanic agencies, they would realize, in soul and body, the life-giving power of the Holy Spirit."

ENZYMES!

The body absolutely must have live enzymes for optimal growth and healing to take place. When food is cooked the enzymes begin to die at 105 degrees. At 140 degrees all enzymes are destroyed. The necessary nutrients are dead and the food can be considered "dead food." Live bodies need live food, eat

THE ONE TRUE GOD LESSON #12

your food (fruits and vegetables) raw. Do not cook them any more than absolutely necessary.

Let us pray:

Holy Father, I thank You for giving us the health message. Now we can apply the principles of Your law and become healthy as You desire us to be. Please forgive our sin of disobedience in the past, help us to accept Your guidance for a healthier body. This I ask in the name of Jesus Your Son. Amen.

IMPORTANT WARNING

Please be advised that the statements in this lesson have not been evaluated by any medical doctors or any medical administration.

Please, if you are on prescription drugs under a licensed provider, do not stop taking your prescriptions! First you need to start a healthful eating program consisting of raw fruits, vegetables, and a juicing program to restore the body's natural ability for healing, after you can tell improvement in your physical ability, then ask your Doctor to take you off your medications gradually. Prescription drugs are as addictive in most cases as are illegal drugs and can cause serious problems, even death if not withdrawn from properly.

This month I am adding a small booklet compiled by Dennis Wellman of the Mills River S.D.A. church by permission. I sincerely hope you have received a blessing from these lessons.

Next month we will study Daniel's 10-day trial fast. If you want to get started on a juicing program sooner than that you can obtain a juicer from Walmart shopping center for around \$70.00, or you may go on line and find a Champion Juicier for a fraction of the price of a new one. Start juicing with 5 or 6 carrots, three stalks of celery, ¼ of a large beet, one stalk of broccoli, small handful of parsley, some kale, and collard greens, and an apple. You will probably want to strain your juice through cheese cloth or some loose woven cotton cloth to remove any pulp that may be in the juice. The less pulp that is in the juice the less digestion energy is needed to assimilate the nutrients into the bloodstream. Our

purpose here is to receive the most energy and nutrients as possible for rapid healing.

May God bless and keep you is my prayer.

Virgil Prindle

**“THE LOUD CRY OF THE FOURTH AN-
GEL'S MINISTRY”**

T.L.C.F.A.M.